

| Stnr | Nat | SI-Karte | Name | Jg | Verein | Start |
|------------------------------------|-----|----------|--------------------------------|----|-------------------------|----------|
| D 10 (5) 1.9 km 40 Hm 8 P | | | | | | |
| 1 | | 2007573 | Anne Maaß | 02 | TSV Nusse | 14.00.00 |
| 2 | | 2007571 | Svenja-Malin Nolte | 01 | TSV Nusse | 14.03.00 |
| 3 | NTB | 6138 | Merit Hasse | 99 | TK Hannover | 14.12.00 |
| 4 | NTB | 522000 | Solia Stamer | 00 | MTK Bad Harzburg | 14.15.00 |
| 5 | NTB | 337609 | Anneke Blohm und Clara Gutbrod | 00 | TSV Worpsswede | 14.18.00 |
| H 10 (7) 1.9 km 40 Hm 8 P | | | | | | |
| 7 | | 2007582 | Leif Leo Dittmers | 00 | SVG Pönitz | 14.06.00 |
| 8 | | 2007584 | Finn-Morten Nolte | 03 | TSV Nusse | 14.09.00 |
| 9 | NTB | 1565 | Nilas Stamer | 02 | MTK Bad Harzburg | 14.24.00 |
| 10 | NTB | 300602 | Jonas Wöldecke | | SC Melle 03 | 14.27.00 |
| 11 | NTB | 2835 | Matti Bruns | 01 | MTK Bad Harzburg | 14.30.00 |
| 12 | NTB | 337608 | Thorge Alt | 00 | TSV Worpsswede | 14.33.00 |
| 13 | | | Vakant | | Vakant | 14.36.00 |
| D 12 (3) 2.1 km 50 Hm 9 P | | | | | | |
| 14 | | 2007579 | Laura Hinz | 98 | SC Kirch- u. Westerweye | 14.19.00 |
| 15 | | | Vakant | | Vakant | 14.25.00 |
| 16 | | 2007580 | Sofia Leibrandt | 99 | SC Kirch- u. Westerweye | 14.31.00 |
| H 12 (7) 2.1 km 50 Hm 9 P | | | | | | |
| 17 | | | Vakant | | Vakant | 14.37.00 |
| 18 | NTB | 338204 | AK Jan Saß | 97 | SC Klecken | 14.43.00 |
| 19 | NTB | 434626 | Niclas Denecke | 98 | WSV Braunlage | 14.49.00 |
| 20 | NTB | 337606 | Max Sonneborn | 98 | TSV Worpsswede | 14.55.00 |
| 21 | | 1235567 | Sören Hansen | 99 | LT | 15.01.00 |
| 22 | | 1081167 | Jakob Maaß | 98 | TSV Nusse | 15.07.00 |
| 23 | NTB | 434629 | Gerrit Denecke | 98 | WSV Braunlage | 15.13.00 |
| D 14 (4) 2.7 km 70 Hm 11 P | | | | | | |
| 24 | | | Vakant | | Vakant | 14.05.00 |
| 25 | NTB | 236492 | Karolin Kühnhold | 98 | WSV Braunlage | 14.08.00 |
| 26 | NTB | 236491 | Birte Friedrichs | 98 | MTV Seesen | 14.11.00 |
| 27 | NTB | 434622 | Deborah Denecke | 97 | WSV Braunlage | 14.14.00 |
| H 14 (10) 2.7 km 70 Hm 11 P | | | | | | |
| 28 | | | Vakant | | Vakant | 14.20.00 |
| 29 | NTB | 249991 | Marcel Peters | 96 | SC Klecken | 14.23.00 |
| 30 | NTB | 337604 | Julius Gutbrodt | 97 | TSV Worpsswede | 14.26.00 |
| 31 | NTB | 2677 | Ole Hensseler | 98 | MTV Seesen | 14.29.00 |
| 32 | NTB | 236515 | Tim Kühnhold | 96 | WSV Braunlage | 14.32.00 |
| 33 | NTB | 1817 | Magnus Struckmann | 96 | Braunschweiger MTV | 14.35.00 |
| 34 | NTB | 249988 | Jonas Dresel | 97 | SC Klecken | 14.38.00 |
| 35 | | 1316131 | Thore Hansen | 96 | LT | 14.41.00 |
| 36 | NTB | 970917 | Till Finkenstädt | 97 | OLV Uslar | 14.44.00 |
| 37 | NTB | 338212 | Lasse Krebs | 97 | WSV Braunlage | 14.47.00 |
| D 16 (2) 2.8 km 130 Hm 14 P | | | | | | |
| 38 | | | Vakant | | Vakant | 14.04.00 |
| 39 | | | Vakant | | Vakant | 14.07.00 |

| Stnr | Nat | SI-Karte | Name | Jg | Verein | Start |
|---------------------------------------|-----|----------|----------------------|----|--------------------|----------|
| H 16 (4) 3.8 km 180 Hm 16 P | | | | | | |
| 40 | NTB | 211400 | Lukas Teller | 94 | TSV Worpswede | 14.39.00 |
| 41 | NTB | 951016 | Jan Schliebener | 95 | OLV Uslar | 14.42.00 |
| 42 | NTB | 337601 | Jan Felix Topp | 94 | TSV Worpswede | 14.45.00 |
| 43 | NTB | 236501 | Malte Finkenstädt | 94 | OLV Uslar | 14.48.00 |
| D 18 (2) 3.4 km 150 Hm 15 P | | | | | | |
| 44 | | | Vakant | | Vakant | 14.47.00 |
| 45 | NTB | 415597 | Laura Finkenstädt | 92 | OLV Uslar | 14.50.00 |
| H 18 (8) 4.4 km 190 Hm 19 P | | | | | | |
| 46 | | | Vakant | | Vakant | 14.51.00 |
| 47 | NTB | 422696 | Till Fischer | 92 | SC Klecken | 14.54.00 |
| 48 | NTB | 406330 | Patrick Dresel | 92 | SC Klecken | 14.57.00 |
| 49 | NTB | 406331 | Jannik Peters | 93 | SC Klecken | 15.00.00 |
| 50 | NTB | 412618 | Stefan Schestakoc | 93 | TK Hannover | 15.03.00 |
| 51 | NTB | 886515 | Lennart Weckeck | 92 | SC Klecken | 15.06.00 |
| 52 | NTB | 428641 | Tom Otto | 93 | SC Klecken | 15.09.00 |
| 53 | NTB | 502914 | Markus Dresel | 92 | SC Klecken | 15.12.00 |
| D 19 K (2) 2.8 km 130 Hm 14 P | | | | | | |
| 54 | | | Vakant | | Vakant | 15.07.00 |
| 55 | | | Vakant | | Vakant | 15.10.00 |
| H 19 K (3) 3.8 km 180 Hm 16 P | | | | | | |
| 56 | | | Vakant | | Vakant | 14.54.00 |
| 57 | NTB | 1701 | Ralf Döblitz | 67 | Braunschweiger MTV | 14.57.00 |
| 58 | NTB | 503362 | Werner Hartmann | | RCEH Celle | 15.00.00 |
| D 19 L (9) 3.8 km 180 Hm 16 P | | | | | | |
| 59 | | | Vakant | | Vakant | 14.12.00 |
| 60 | | 820520 | Marika Dobke | 82 | USC Leipzig | 14.15.00 |
| 61 | | 300917 | Andrea Domeyer | | Bielefelder TG | 14.18.00 |
| 62 | NTB | 1408 | Claudia Ann Graber | 81 | MTK Bad Harzburg | 14.21.00 |
| 63 | | 2007589 | Johanna Boss | | ohne Verein | 14.24.00 |
| 64 | | 1601951 | Michaela Hindersmann | | TSV Malente | 14.27.00 |
| 65 | NTB | 1706 | Rieke Bruns | 92 | MTK Bad Harzburg | 14.30.00 |
| 66 | NTB | 888964 | Anna Kraj | 84 | TK Hannover | 14.33.00 |
| 67 | NTB | 440419 | Esther Stamer | 75 | MTK Bad Harzburg | 14.36.00 |
| H 19 L (14) 5.2 km 230 Hm 20 P | | | | | | |
| 68 | | | Vakant | | Vakant | 14.04.00 |
| 69 | NTB | 500780 | Eike Bruns | 75 | MTK Bad Harzburg | 14.07.00 |
| 70 | NTB | 902806 | Bjarne Friedrichs | 90 | MTV Seesen | 14.10.00 |
| 71 | NTB | 997890 | Christoph Hofmeister | 84 | MTK Bad Harzburg | 14.13.00 |
| 72 | NTB | 300605 | Florian Schulte | 91 | SC Melle 03 | 14.16.00 |
| 73 | | 887835 | Christian Stamer | 70 | Preetzer TSV | 14.19.00 |
| 74 | | 2574 | Dirk Domeyer | | Bielefelder TG | 14.22.00 |
| 75 | NTB | 501916 | Jens Struckmann | 66 | Braunschweiger MTV | 14.25.00 |
| 76 | NTB | 720412 | Joachim Stamer | 72 | MTK Bad Harzburg | 14.28.00 |
| 77 | | 1602276 | Petr Satunin | 91 | kein Verein | 14.31.00 |
| 78 | NTB | 902441 | Christian Gatzemeier | 76 | MTK Bad Harzburg | 14.34.00 |
| 79 | NTB | 997922 | Michael Finkenstädt | 65 | OLV Uslar | 14.37.00 |

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|--------------------|-----|----------|---------------------------|----|-------------------------|----------|
| H 19 L (14) | | | 5.2 km 230 Hm 20 P | | (Forts.) | |
| 80 | | | Vakant | | Vakant | 14.43.00 |
| 81 | | 2007575 | Frederic Werner | 80 | Triabolos Hamburg | 15.16.00 |
| H 35 (11) | | | 5.2 km 230 Hm 20 P | | | |
| 82 | NTB | 501949 | André Kwiatkowski | 69 | MTK Bad Harzburg | 14.01.00 |
| 83 | | | Vakant | | Vakant | 14.46.00 |
| 84 | NTB | 412912 | Zhivko Ducheve | 74 | SSV Langenhagen | 14.49.00 |
| 85 | NTB | 6119 | René Vandieken | 74 | RCEH Celle | 14.52.00 |
| 86 | | 1090450 | Heinz Friedrich Pape | | TG Lage | 14.55.00 |
| 87 | NTB | 300738 | Jörg Kühnhold | 67 | WSV Braunlage | 14.58.00 |
| 88 | NTB | 7598 | Sven Simonsen | 74 | MTV Seesen | 15.01.00 |
| 89 | | 2007578 | Hartmut Höra | 67 | Teestumm Rehau | 15.04.00 |
| 90 | | 671231 | Dirk Andersson | | TSV Malente | 15.07.00 |
| 91 | | 901965 | Thomas Behnke | 65 | SC Kirch- u. Westerweye | 15.10.00 |
| 92 | | 1200565 | Uwe Maaß | 65 | TSV Nusse | 15.13.00 |
| D 40 (7) | | | 3.4 km 150 Hm 15 P | | | |
| 93 | NTB | 410486 | Sylke Höfner | 69 | OLV Uslar | 14.53.00 |
| 94 | NTB | 300737 | Antje Kühnhold | 68 | WSV Braunlage | 14.56.00 |
| 95 | NTB | 2563 | Ulrike Korff | 63 | SC Achmer | 14.59.00 |
| 96 | NTB | 997921 | Andrea Finkenstädt | 67 | OLV Uslar | 15.02.00 |
| 97 | NTB | 2675 | Theresia Schulte | | SC Melle 03 | 15.05.00 |
| 98 | NTB | 1823 | Liisa Rihko-Struckmann | 64 | Braunschweiger MTV | 15.08.00 |
| 99 | | 1120268 | Silvia Nolte | 68 | TSV Nusse | 15.11.00 |
| H 45 (18) | | | 4.4 km 190 Hm 19 P | | | |
| 100 | | 886502 | Frank Lappla | 64 | TV Alsbach | 14.00.00 |
| 101 | NTB | 2592 | Geoff Priestley | 64 | RCEH Celle | 14.03.00 |
| 102 | NTB | 1856 | Frank Steiner | | Braunschweiger MTV | 14.06.00 |
| 103 | | 629204 | Thomas Binsch | 62 | OLG Südheide | 14.09.00 |
| 104 | NTB | 7499 | Thomas Görtelmeyer | 65 | RSV Hannover | 14.12.00 |
| 105 | NTB | 2572 | Henning Bruns | 61 | MTK Bad Harzburg | 14.15.00 |
| 106 | NTB | 5794 | Leo Seib | 61 | TK Hannover | 14.18.00 |
| 107 | NTB | 1818 | Rochus Souan | 56 | Hildesheimer SK | 14.21.00 |
| 108 | | 1601508 | Jörg Höfer | | TSV Malente | 14.24.00 |
| 109 | NTB | 300739 | Roland Krebs | 62 | WSV Braunlage | 14.27.00 |
| 110 | NTB | 219320 | Uli Bandt | 61 | TSV Worpswede | 14.30.00 |
| 111 | | 1965000 | Oliver Seifert | | TSV Malente | 14.33.00 |
| 112 | NTB | 6126 | Frank Hasse | 63 | TK Hannover | 14.36.00 |
| 113 | NTB | 219322 | Frank Kowalewski | 62 | OLV Uslar | 14.39.00 |
| 114 | NTB | 6377 | Sergej Sonnenberg | 56 | Osnabrücker TB | 14.42.00 |
| 115 | | 1051961 | Björn Hansen | 61 | LT | 14.45.00 |
| 116 | NTB | 590926 | Stephan Schliebener | 59 | OLV Uslar | 14.48.00 |
| 117 | | 712183 | Christian Nolte | 63 | TSV Nusse | 15.15.00 |
| D 50 (7) | | | 2.8 km 130 Hm 14 P | | | |
| 118 | | | Vakant | | Vakant | 14.13.00 |
| 119 | NTB | 1742 | Ulrike Friedrichs | 59 | MTV Seesen | 14.16.00 |
| 120 | NTB | 6082 | Ulrike Wöldecke | | SC Melle 03 | 14.19.00 |
| 121 | NTB | 5153 | Ingrid Müssen | 53 | SuS Vehrte | 14.22.00 |
| 122 | NTB | 1561 | Antje Sobczak | 54 | MTV Soltau | 14.25.00 |
| 123 | NTB | 550614 | Veronika Bode | | SC Melle 03 | 14.28.00 |
| 124 | NTB | 6378 | Olga Sonnenberg | 58 | Osnabrücker TB | 14.31.00 |

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| H 55 (12) 3.4 km 150 Hm 15 P | | | | | | |
| 125 | | | Vakant | | Vakant | 14.11.00 |
| 126 | NTB | 530517 | Ferdinand Hanses | 53 | SV Neuenkirchen | 14.14.00 |
| 127 | | 1040355 | Uwe Andersson | | TSV Malente | 14.17.00 |
| 128 | NTB | 1563 | Udo Sobczak | 55 | MTV Soltau | 14.20.00 |
| 129 | NTB | 2434 | Detlev Friedrichs | 51 | MTV Seesen | 14.23.00 |
| 130 | NTB | 886504 | Erhard Jübermann | 53 | RSV Hannover | 14.26.00 |
| 131 | NTB | 6555 | Reinhard In der Stroth | 51 | Osnabrücker TB | 14.29.00 |
| 132 | NTB | 7457 | Harald Jacobi | 51 | SSV Langenhagen | 14.32.00 |
| 133 | NTB | 6045 | Uwe Schneider | 53 | RSV Hannover | 14.35.00 |
| 134 | NTB | 6026 | Wolfgang Wöldecke | | SC Melle 03 | 14.38.00 |
| 135 | NTB | 410477 | Bernd Höfner | 54 | OLV Uslar | 14.41.00 |
| 136 | | 300907 | Matthias Dittmers | | TSV Malente | 15.14.00 |
| D 60 (7) 2.3 km 90 Hm 10 P | | | | | | |
| 137 | | | Vakant | | Vakant | 14.56.00 |
| 138 | NTB | 2472 | Hanne-Lore Bruns | 35 | MTK Bad Harzburg | 14.59.00 |
| 139 | | 1111135 | Edeltraut Mevius | 35 | LT | 15.02.00 |
| 140 | NTB | 1852 | Trudi Jahn | 43 | Braunschweiger MTV | 15.05.00 |
| 141 | NTB | 2717 | Irmela Bergt | 47 | TSV Fischerhude | 15.08.00 |
| 142 | NTB | 5154 | Ursula Brockfeld | 38 | Osnabrücker TB | 15.11.00 |
| 143 | NTB | 6384 | Birgit Michel | 44 | TV Jahn Wolfsburg | 15.14.00 |
| H 60 (9) 2.8 km 130 Hm 14 P | | | | | | |
| 144 | | | Vakant | | Vakant | 14.37.00 |
| 145 | NTB | 1779 | Rainer Pieper | 50 | SSV Langenhagen | 14.40.00 |
| 146 | NTB | 1562 | Johannes Müssen | 50 | SuS Vehrte | 14.43.00 |
| 147 | NTB | 1716 | Bernd Bornewasser | 45 | SSV Langenhagen | 14.46.00 |
| 148 | NTB | 59095 | Albrecht Bergt | 43 | TSV Fischerhude | 14.49.00 |
| 149 | NTB | 7461 | Winfried Riedel | 45 | SuS Vehrte | 14.52.00 |
| 150 | | 410232 | Horst Heyder | 33 | LT | 14.55.00 |
| 151 | NTB | 6618 | Gerd Niederland | 49 | TSV Schloß Ricklingen | 14.58.00 |
| 152 | NTB | 2732 | Karlheinz Niescken | 46 | SSV Langenhagen | 15.01.00 |
| H 70 (8) 2.3 km 90 Hm 10 P | | | | | | |
| 153 | | | Vakant | | Vakant | 14.32.00 |
| 154 | | 411671 | Peter Meyer | | LT | 14.35.00 |
| 155 | NTB | 7495 | Jürgen Grundmann | 38 | TS Großburgwedel | 14.38.00 |
| 156 | | 2634 | Horst Mevius | 34 | LT | 14.41.00 |
| 157 | NTB | 5155 | Dieter Brockfeld | 35 | Osnabrücker TB | 14.44.00 |
| 158 | | 1601507 | Gert von Kunhardt | 39 | GC Waldshagen | 14.47.00 |
| 159 | NTB | 2466 | Karl-Heinz Liebegut | 38 | RCEH Celle | 14.50.00 |
| 160 | NTB | 6071 | Hans-Georg Dahme | 33 | RSV Hannover | 14.53.00 |
| offen leicht (3) 1.9 km 40 Hm 8 P | | | | | | |
| 161 | | | Vakant | | Vakant | 14.39.00 |
| 162 | NTB | 1870 | Sonja Struckmann | | Braunschweiger MTV | 14.42.00 |
| 163 | | 2007581 | Philipp Ciba | 77 | Lübeck | 14.45.00 |
| offen Einzel (2) 2.7 km 70 Hm 11 P | | | | | | |
| 164 | | | Vakant | | Vakant | 14.56.00 |
| 165 | | | Vakant | | Vakant | 14.59.00 |

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| | | | offen Mannschaft (1) | | | |
| | | | 2.7 km 70 Hm 11 P | | | |
| 166 | | | Vakant | | Vakant | 14.50.00 |